

# How Responsible Medication Disposal simultaneously impacts Water Quality and Prescription Drug Diversion

Learn the one thing we can do to accomplish two important goals.

In 2013, I moved from upstate New York to the East End of Long Island. Upon settling into my new home, I researched the source and quality of municipal water that came out of my kitchen faucet. I was shocked to discover that my municipal water supplier had recently closed one of its municipal wells because the well was contaminated with five medications that included Meprobamate, a psychotropic drug for anxiety. This startling discovery prompted me to form a 501c3 not-for-profit called the Lloyd Magothy Water Trust, Inc. which provides a free, convenient and responsible method for people to dispose of their unwanted medications. Responsible medication disposal helps to prevent [1] the contamination of water caused by the flushing of medications, and [2] prescription drug abuse caused by the diversion of prescription medications that are unnecessarily kept in household medicine cabinets.

In 2014, I began speaking publically about how we can do one thing which prevents the contamination of water and simultaneously prevents prescription drug abuse. My 50 minute presentation is accompanied by an engaging animated PowerPoint which includes several eye-opening one-minute video clips; an interesting comparison of regional source water protection efforts; and sheds light on one of the most incredibly *inconvenient* medication disposal systems available to the public. I look forward to creating awareness in your group. I bring my own audio-visual equipment, but most importantly I bring my own passion for making a big change in responsible medication disposal.

Sincerely,



Tom McAbee  
Executive Director  
Lloyd Magothy Water Trust, Inc.

*“A cross-over presentation that seamlessly connects water quality and prescription drug abuse. We are all concerned about water, and too many people have been troubled by the terrible affliction of prescription drug abuse.”* - Robert Grisnik, pharmacist and Chairman of the Board, Lloyd Magothy Water Trust, Inc.

~ Speaking Fees ~

**\$500 plus travel and lodging expenses.  
Firm quote of total fees provided in advance.**

100% of all speaking fees are contributed to the Lloyd Magothy Water Trust, Inc. and are used to accomplish its dual mission of preventing contamination of our water resources and preventing prescription drug abuse.

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The presentation is approximately 50 minutes long. However, the presentation generates lots of questions, comments and discussion. Therefore, it is recommended that a period of 60 to 75 minutes be allotted.

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Groups of 10 to 100 adults whose interests or concerns focus on water quality and/or prescription drug abuse are best suited for this presentation that informs, entertains, and can stimulate others into action.

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To schedule a presentation for your group, contact Tom McAbee at 631-353-3435 or email [tommcabee@gmail.com](mailto:tommcabee@gmail.com)

*“Great presentation!”* - Mr. Rene Fiechter, Esq., Chair, Nassau County Drug Reclamation Forum.

*“Captivating, engaging, thought-provoking. A presentation that everyone should see.”* - Heather Almer, Co-chair Columbia-Montour Coalition for Source Water Protection.

*“I highly recommend that other groups have Tom McAbee speak at their next meeting. Great job!”* Jack West, Chair, Drinking Water Research Foundation.

*“I now fully realize what the improper disposal of medications can do to our water resources.”* Robert Chaloner, Pres. & CEO, Southampton Hospital.

*“Dynamic and excellent. Powerfully presented and poignant.”* Dr. Valerie King, neuropsychologist, East End Clinical Connections.

*“Eye-opener, very interesting. Wow!”* Claire Crane, Education Program Coordinator for Science and Technical Relations, International Bottled Water Association.

*“Well done, indeed! Excellent presentation.”* Charles Catalano, Chairman of the Board of Directors of the Pharmacists Society of the State of New York.